

CERTIFICATE OF PARTICIPATION

This is to certify that

Lizel De Villiers

Has successfully participated & completed the

Solo Steer Cowhouse Cross Duathlon 2017 #4

held at Cowhouse Market.

TIME 02:19:24

PACE 09:16/km

OVERALL 40 of 42

GENDER 15 of 17

40 - 49 5 of 5

06 August 2017, Sun

Date



BoutTime

Signature

